



Start Point: Start at Glenstal Abbey entrance on the right. Moroe, in the NE corner of Co. Limerick, near the Tipperary border, is 18km from Limerick city. Approaching from Cashel, and M8 Cork-Dublin motorway,

take R505 to Cappamore, then R506 to Moroe.

Time: 2hrs over 6 km.

Difficulty:  Easy walk. Avenues of the estate,

side roads and village street.

Map: OS Map No 65

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